

# Spiritual Care Awareness Week

October 22-28, 2023



Connecting with the **BODY**



Engaging with the **MIND**

## spiritual health is health

Embracing the **EMOTIONS**



Supporting the human **SPIRIT**



### Spiritual Care Practitioners and Psychospiritual Therapists:

- support and facilitate an awareness of how the sacred is being experienced in and through the body;
- engage with and bring attention to the stories that shape individuals and communities;
- welcome and hold space for the full range of emotions;
- support individuals and communities in creating, building and sustaining their sense of wellbeing in the face of changing circumstances.



#SCAW2023 #spiritualhealthishealth