



CASC / ACSS
Canadian Association / Association canadienne
for Spiritual Care / de soins spirituels



Connecting with the **BODY** Engaging with the **MIND**

spiritual health is health

Embracing the **EMOTIONS** Supporting the human **SPIRIT**



Spiritual Care Practitioners and Psychospiritual Therapists:

- support and facilitate an awareness of how the sacred is being experienced in and through the body;
- engage with and bring attention to the stories that shape individuals and communities;
- welcome and hold space for the full range of emotions;
- support individuals and communities in creating, building and sustaining their sense of wellbeing in the face of changing circumstances.

www.spiritualcare.ca